

Prior to Surgery – Patient Checklist

Following these steps helps us keep you safe and ensures the best surgical outcome.

Medical Clearance

- Medical exam required from your PCP or Cardiologist.
 - Clearance must be within 60 days of surgery.
 - Our facility must receive clearance 7 days before surgery to avoid rescheduling.
 - Request a copy of your clearance for your records.
 - Inform center of any medical changes since last surgery.
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Surgery Date & Time

- A nurse will call you one day prior to surgery with your arrival time.
 - ✓ Surgical Date: _____
 - ✓ Surgical Arrival Time: _____
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Transportation

- Arrange for a friend or family member to accompany you home after surgery.
 - If you are scheduled as one of our last patients of the day, please note that your ride must remain in the building while you are in surgery.
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Eating & Drinking

- If arrival is **before 12 pm** → Do not eat after midnight.
 - If arrival is **after 12 pm** → Your nurse will provide special instructions.
 - All patients may have up to **8 oz of clear liquids up to 2 hours before arrival.**
Allowed liquids: water, ginger ale, apple juice, black coffee, black tea (**NO dairy or citrus**)
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Eye Drops

- Pick up surgical eye drops at your pharmacy.
 - Follow your ophthalmologist's instructions for prescribed eye drops.
 - Drops are prescribed by your surgeon, not the surgery center.
 - For questions, call 1-800-635-0489 and ask for your surgeon's administrative team.
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What to Bring

- Credit card for co-payment
 - Sunglasses to protect eyes from light sensitivity
 - ID – you will be asked to present this upon check in
 - Friend or family member to accompany you home
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Call Us Immediately

Please contact our facility before your surgery if you:

- Develop flu-like symptoms (fever, congestion, cough).
 - Develop a stye or cyst in the surgical eye.
 - Have a change in health since your clearance, including hospitalization, new surgery, stroke/TIA, heart attack, or cardiac catheterization.
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Please follow these instructions carefully to ensure your safety and the best possible outcome.

If you have any questions, please call 1-800-635-0489 and ask to speak with your Surgeon's Administrative Assistant.